

## Outpatient Therapist Job Description

A Life's Compass PLLC. Outpatient therapist assists children, adolescents and adults in identifying a mental health diagnosis, collecting life story information through a bio-psychosocial assessment and developing a treatment plan to work on identifying needs. Abiding by the policy and procedures of A Life's Compass PLLC. And the State of Maine specially section 65. Helping and supporting a client to express their feelings and discuss what is happening in their lives to gain in-site into themselves and processing their relationships with others. Guide clients in their developments of skills and strategies for dealing with their problems. Prepare and maintain all required treatment records, collect in a file to be kept up to date and organized. Providing therapy to clients, individually, and their families, when appropriate, to assist in overcoming dependencies, adjusting to life, process relationships with others, and making changes where necessary. Act as client's advocate to coordinate required services or to resolve emergency problems from a crisis situation. Develop and implement treatment plans based on clinical experience and knowledge. Evaluate clients physical and mental conditions based on review of client information. Meet with families, physicians, school personal, probation, attorneys, and other interested parties to collect and exchange information necessary during treatment development. Refer clients or family members to community resources or to other specialist for testing or needed services. Provide therapy to family members if appropriate to assist them in understanding and dealing with and supporting clients. Evaluate the effectiveness of therapy and clients progress in resolving identified problems and moving towards defined goals. Plan, organize and lead structured programs of therapy, work, study, recreation, and social activities for clients. Modify treatment activities and approaches as needed to comply with changes in client status. Learn about new developments in your field by reading professional literature, attending courses, trainings, and seminars. Establishing and maintaining contact with other social services. Arrange for discharge plans and summaries. Gather information about community mental health needs and resources that could be used in conjunction with therapy. Review with client all medications, contact physician as needed. Plan and conduct programs to prevent substance abuse, nicotine use, to improve community health and counseling services. Make appropriate reports to the child abuse and neglect state agencies as needed. Maintain good standing with the State of Maine licensure to practice therapy. Report all and any infractions immediately to your supervisor.

We're looking for two full time therapists. You can send a resume to us by: E-mail: [alifescpasspllc@yahoo.com](mailto:alifescpasspllc@yahoo.com) or Fax: 207-739-1107 For any questions you can call 207-739-1026